# **Alton Athletic Department**

### DUAL ATHLETIC/ACTIVITIES PARTICIPATION POLICY

#### Students Participating in Two Activities During the Same Season

Students are allowed to participate in two co-curricular activities during the same season. Students wishing to participate in two activities during the same season will need to obtain a request form from the Athletic Director and follow the guidelines set down by the athletic department involving dual activity participation.

Students are <u>not</u> allowed to participate in "open gyms" as well as other non-school competition in another sport, on the same day they are participating in a school-sponsored co-curricular sports activity without permission from the head coach of the sport in which they are currently participating and the Athletic/Activities Director.

#### **Rules of Dual Sport Participation**

- 1. A student who wishes to participate in two activities during the same season must designate a primary sport/activity.
- 2. A primary sport/activity is defined as the activity which takes precedence over another activity in the event there is a conflict of schedule or any other matter that could lead to a conflict. The student must adhere to the primary activity in the event of any and all conflicts of schedule. If one sport/activity has a contest and the other has practice, the contest will take precedence.
- 3. The student must practice in both sports, but the amount of practice time must meet the agreed requirements of the head coaches of those sports involved.
- 4. Approval may be denied because of academic concerns at any time during the sport season. The athlete then will participate in the primary sport only.
- 5. The student and parents or legal guardians, must sign a contract of dual-activity participation.
- 6. In the event that a student is disciplined for any infraction in a specific sport, the consequence will also be applied to the second sport in the season of dual participation. For example-Student A is suspended 25% of a season, that suspension is to be served for both the primary sport and non-priority sport.
- 7. The High School Athletic Director and the High School Principal will serve in the capacity of advisors and final judgments on matters concerning dual-sports participation.
- 8. Coaches do not have to agree to allow a student-athlete to participate as a dual sport athlete, which in this case a student-athlete than would have to choose, which sport they would like to be a part of.

## **CONTRACT FOR DUAL-ACTIVITY PARTICIPATION**

Student Name:		
Student Signature:		Date:
Parent/Guardian Information:		
Name:	Relationship:	
Phone:		
Parent Signature:		Date:
Primary Activity:		
Name of Activity:		
Coach/Sponsor Signature:		Date:
Information on Release for Secondary Activity:		
Secondary Activity:		
Name of Activity:		
Coach/Sponsor Signature:		Date:
Information for Secondary Activity:		

Signatures indicate all parties agree to the stipulations listed on policy and contract.